

Appendix C

Prayers, and Practices for the healing of the Earth

Master's Great Invocation (updated)

From 10-07 *Closing Ceremony* by Master DK

From the point of Light within the Mind of God,
Let Light stream forth into human minds.
Let Light descend to Earth.

From the point of Love within the Heart of God,
Let Love stream forth into human hearts.
May the Precious One return to Earth.

From the center where the Will of God is known,
Let Purpose guide our little human wills --
The Purpose which the Masters know and serve.

From the center of what we call the human race,
Let the Plan of Love and Light go forth,
And may it seal the door where evil dwells.

May Love, Light and Power restore the Plan on Earth.

Blessings of the Great Heart

May you awaken to the Great Heart,
Ablaze with fires of Transformation,
Dissolving fear, dispelling darkness,
Lighting the path to Realization.

May the past not pull you backwards,
Nor the future tempt your mind.
May your slate be fresh on which to write:
"Goodness and Wisdom dwell within."

May your wealth be found in Dharma,
May health and kindness grace your way,
And in the final moment, may you know
The blessings of a life well lived.

Master Djwhal Khul through Kathlyn Kingdon

Prayer of Hope

From "*A Song of Hope*" 9-11-05

Though we experience disasters and war,

May I know the Divine Plan is the "expansion of Divine Love."

May we transform Earth through unity with each other and our connection to the

Source of our Being.

May we emanate the divine qualities of love, joy, peace,

and harmony as our gift to all sentient beings.

May life on Earth experience less suffering as we learn to let it flow through us.

Hope is learning to "stand again and face life."

May we be beacons of hope and walking embodiments of hope.

May we ponder "How would you live your life differently

if you believed you were "Earth's Star of Hope?"

May we shine outward and affect healing for others.

"Hope is what allows you to live."

May we learn to amplify it and reflect it.

May we see those who suffer and offer, "I have faith in you.

I don't know why, but I know you can do it.

I know on the other side of the suffering will be the light of hope.

I see your suffering and I offer you hope."

This is our task.

May we do this that all may "have life, and have it more abundantly."

Amen.

Invoking Healing

Adapted From: *One More Chance* 12/31/04 (after the South Asian Tsunami)

May this event, with all of its bigness,
be able to consume the need of war and separation,
or the perception of that need, for it is not a real need.
It is an artificial contrivance.
See it being consumed in the suffering,
and as a Buddha, attend to that suffering.

May you hold comfort.
May you receive it on behalf of those
whose minds and bodies are in such a state
they cannot yet receive it.
May you receive it on behalf of them,
and then in the Wish Fulfilling Jewel, may you give it to them.
May their suffering be transformed from simply meaningless devastation
to a meaningful gift to the whole world.

May this be the event that launches the world
out of a notion of separation into a recognition of unity.
May there be no other such episodes needed.
And may those who have persisted in the perpetration of separation and domination,
may they be healed by this event.
And may the entire world appear
as a beautiful rose opening to the light.

In healing this great trauma, may you be healed.
And by the power of the transformative process now arising,
may a new way of seeing come forth
in the hearts and minds of all sentient beings who are part of Earth.

May the history of division, separation, war, and domination
be dissolved in the Great Heart.
And may there arise a collective understanding that these things are no longer
necessary.

First you must know this before you can pass it on to others.
So know it! With every fiber of your being.
And rejoice in the potential that is arising out of this devastation.

May you receive a thousand blessings for your participation in world healing.
And may you live long enough to see it a reality.
So be it.

Invoking Balance

Adapted from "*Balancing Community*", 9-14-02

May nations not polarize further,
but form a balance of power in which power arises
from the basic needs of all sentient beings.

May power be balanced without war,
or disabling the opposition.
The Earth is worthy of more than that.
All of us are worthy of much more than that.

I am worthy of compassion.
I understand that it is suffering
that causes negative responses to arise.

I am not my thoughts.
I am not my feelings.
I am not whatever is arising on my screen .
My True Nature is bigger, vaster,
and much deeper than those experiences.
I dedicate my balancing to that of all sentient beings.

Earth Blessing

From 2004 Peace Convocation

I am the fortunate one who comes seeking liberation for all beings everywhere.

My promise to Earth is to Be Peace.

On the basis of my love for Earth and my deep desire to serve Her in loving compassion,

I hereby offer myself, purified in body, speech and mind, to the Heart of Peace.

I open myself to full initiation in gratitude to the Teacher who now presents me for this
holy ordination.

May all beings everywhere be freed from suffering.

As an Emissary of Peace for Beloved Earth,

I dedicate my life and my spiritual accomplishments in the liberation of all beings
everywhere.

Other Prayers and Invocations from Master DK

I present myself on behalf of earth to my spiritual Teachers
to be fully operated on by the wisdom and compassion
that they show and demonstrate toward earth.

As a child of the light and on the basis of the light within self
and by the presence of the divine within me,
I now call forth the full seeing of this path.
Let the truth come forth!

May we accomplish liberation
May we become
One with the Teachings
May we master our
Projections and limitations
May we fully actualize
Luminous Emptiness

Loving Kindness Prayer

May all beings everywhere be happy.
May they know and have peace.
May they have ease and a sense of well being.
May they be filled with love.
May they know and show kindness.

May you be happy.

May you have peace.
May you have ease and a sense of well being.
May love and kindness fill and heal you.

O Earth, I Will Lighten You

Jesus in the wilderness faced eternity one afternoon and said something like this:

“ O,
Earth, I don't
know who you are,
And I don't know who I am,
But know that I am here
And that must mean something
In some cosmic perspective .
What I know about you, Earth,
Is that you are a heavy plane,
So bring me your heaviness
And somehow by the light
Of my awareness
I will lighten it
for you .”

a prayer for the healing of the earth by Jeff Graef

I say a prayer for the healing of the earth.

May the imbalances created by man
be re-balanced and restored.
May the energy of Spirit
flow into the Earth and restore Her balance.
May this healing energy flow into the earth and sky.
May this healing energy flow into the water and air.
May this healing energy flow into
all the plants and animals.

May the climate and the oceans be healed and restored.
May the interdependence of all beings be restored.
May all move in harmony with spirit and regain balance.
May those leaders with power and influence, see the truth before them,
recognize the need for transformation, and act in the best interests of
the whole.

May those with good and kind heart know the need for healing and
wholing.
May they be inspired to use their unique abilities and talents for
positive transformation, healing, and restoration.
May they recognize, support, restore, and uplift each other.
May the Presence of Spirit fill their lives with joy
and allow them to rejoice in this healing work.
May they manifest the Presence of love, and compassion of Spirit,
and uplift all those around them.

I pray for assistance in doing this healing work:
I pray to the spirits of those plants and animals now extinct.
Join us and guide us in restoring and healing the Earth.
I pray to the native peoples, and ancestors who have lost their lives.
Join us and guide us in restoring and healing the Earth.
I pray to the great Teachers and sages of the past.
Join us and guide us in restoring and healing the Earth

In this time of need, we pray for your help, and rejoice in your Presence.
Let your lost wisdom be restored and become our wisdom.
May the energy of your Presence move our harmonious action.

May I release my small ego preferences.
May I release my barriers and encumbrances.
May I open my heart to the work that must be done.
May the wisdom and guidance of spirit flow through me.
May I have the quiet presence and courage to accept this guidance.
May I know what work must be done, and may I be empowered to do it.

I give thanks for this beautiful Earth and all her creatures.
I give thanks for this opportunity to restore her balance.
I am grateful for this life and give thanks for it.
May I move in harmony with Spirit.
May the energy of Spirit flow through me and guide me.

St. Francis Prayer of Peace

Lord, make me an instrument of your Peace,

Where there is hatred,
Let me show love;
Where there is injury, pardon;
Where there is doubt, faith;
Where there is despair, hope;
Where there is darkness, light
And where there is sadness, joy.

O Divine Master,

Grant that I may not so much
seek to be consoled,
As to console;
To be understood,
As to understand;
To be loved, as to love;
For it is in giving that we receive,
It is in pardoning, that we are pardoned,
And it is in dying that we are born to eternal life

Purification Meditation on awakening

Using seed syllables: aum, ah, hum

Adapted from: *A Dose of Karma*: 8-29-03

In my tradition, the first thing you think about when you wake up is :

"May all beings awaken from the state of *samsara*."

Take a few moments while sitting there and breathe out,

visualizing a kind of dark energy coming out of you.

(Stale energy that may have accumulated during the night.)

Surrounding you, visualize the five Buddhas, in their five colors.

Begin to breathe in the light from these five colors (white, red, blue, green, yellow).

It all comes together, and it comes in a white light.

You say the word "Aum."

As it drops down, your lungs become bright red and you think the syllable "Ah."

As you breathe out, you see it coming out as blue light, and you think "Hum,"

(the symbol of the Buddha touching earth with compassion)

It stands for purifying mind.

In this tradition, the white light purifies body, and that comes into your head.

Then coming into your lungs, it purifies speech.

On the out-breath, which comes from your heart,

your thoughts, and your mind are purified.