

# Vajra Flame Foundation, Ltd.

Preserving and Sharing 40 Years of Wisdom  
Teachings from Ascended Master Djwhal Khul  
Through Kathlyn Kingdon



## 2023 Annual Report

### Message from President, Dale Goodwin



Dear Vajra Flame Family,

Three years ago I made a three year commitment to become President of the Vajra Flame Foundation Board. What a wonderful honor. We have all grown so beautifully and have actually accomplished quite a bit. You have supported us both financially and through thousands of volunteer hours. As a result, Kathlyn

has been able to spend her time exclusively working with Master Djwhal Khul. They have written a book and an E-Book, produced RMES courses and Darshan Series Lectures. Our Communications, Social Media and Publications Committees have become standing committees that meet regularly; but the cornerstone of our volunteer efforts is our discussion Pods. The dedication of the Pod Leaders and the commitment of the Pod members have created an incredible foundation for our RMES Esoteric school.

Personally, I am very excited to see how our organization will grow over the next few years. I envision the RMES online school offering many more courses as well as offering the courses we have already completed to many new students. We have bright and exciting times ahead for us at Vajra Flame.

On a personal note, it is time for me to pass the leadership torch of Vajra Flame to our Vice President, Kristi McCracken. Kristi is the perfect choice to lead VFF. A published author, a recently retired teacher and a long term student of Master DK, she has the skills to lead us forward with securing Master's Teachings and expanding the RMES Esoteric School programs. I am not going very far away. In fact Kristi and I are just trading places. I will become the Vice President of the board and she the President. We work well together and get to see our duties with "fresh eyes."

There is another new change occurring in my life; I have a new granddaughter, Pia North Peterson, who was born July 20th! She is a delight. My daughter and her husband live less than a block away from me in Alaska and I know I will be on babysitting duty fairly often as other childcare options in our community are limited. I feel so blessed to be able to step up. Our family is so thrilled with the arrival of this little girl.

I want to thank all of you for allowing me the incredible honor of working for the Vajra Flame Foundation. We all are doing such important work for our planet, humanity and ourselves. I am truly humbled and grateful to have these opportunities to serve.

With Warm Regards,  
Dale

### Incoming President's Report



Accepting this mantle of leadership as the new president of this incredible spiritual organization is humbling. I look forward to the opportunity of serving this growing international group. The Vajra Flame Foundation (VFF) is celebrating several important anniversary dates this year. First, VFF was formed as a nonprofit 20 years ago to fund the works of Master Djwhal Khul's messages through Kathlyn Kingdon and as a vehicle for creating spiritual community.

The fact that this nonprofit has not only survived but is thriving when so many fail is a testament to the original board's vision, the

dedication of Kathlyn Kingdon and Franci Candlin's, as well as your generous financial support. Second, the collaboration between Kathlyn and Master is in its 40th year, making this their Jubilee celebration. Their extraordinary connection has produced thousands of hours of wisdom from hundreds of teachings, meditations, and workshops designed to accelerate aspirants' spiritual growth. Third, together they created the Rocky Mountain Esoteric School (RMES) which has been in existence for over a decade offering remarkable online courses annually. Please join us in celebrating all three of these remarkable milestones: 40 years of exquisite collaboration, 20 years as a vital non-profit organization and spiritual community, and 10 years of high-caliber online spiritual mystery school courses.

## Incoming President's Report continued



Kathlyn's steadfast partnership with Master has actualized His profound wisdom in the form of numerous course lectures and meditations that propel students along their spiritual path. Their Rocky Mountain Esoteric School online offerings over the past 10 years have made these ancient teachings more accessible and helped to generate the collective "we" this New Age is calling for.

The first course, "Recreating the Energy Body" (2013), focused on daily meditations for each chakra that helped to purify our physical bodies such that they could run more efficiently on the energies of the New Age. The "Energy Body II" course (2015) offered expansive meditations connecting us to our cosmic source. These were followed by "Energy Body III" in 2021. Additional potent course offerings included, "Embodying the Divine Feminine, (2014), "Seven Rays of the Aquarian Age" (2016), "Opening to Buddha Consciousness" (2017), and "The Matter of Mind" (2020). The most recent course, "Tantra for a New Age," gave instructions for layering visualizations of merging with Master's chakras onto breathwork which has resulted in purification, expansion, and more profound experiences of contentment.

Additionally, in the past three years, RMES courses have included small spiritual groups, or pods, that meet online regularly with their pod leaders who facilitate discussions about the course content. These mini-expressions of the collective "we" have been quite effective at supporting students as they navigate the twists and turns on their path to enlightenment.



The top priority of VFF this year is the publication of Master and Kathlyn's new book, *Whatever Happened to the New Age?* It is comprised of 24 chapters filled with hundreds of pages of Master's contemporary wisdom. We truly appreciate your patience with this publishing process. We know how excited you are to get your hands on this new material, and we can't wait for you to be able to purchase Master's latest book. In it, he reviews humanity's

major lessons from the Piscean Age, and paints a bigger picture of the Aquarian Age as well as and our role in shaping it. Many potent insights await your apprehension in these wisdom-filled pages where Master DK assures us that our enlightenment is already here, and that it is just a breath, or perhaps a realization, away.

The other major priority for VFF is generating the funding and volunteers to continue cataloging and publishing more of Master's teachings through the Perpetuity Project for a broader global audience. Turning audio recordings into transcripts, editing, and compiling them into similar topics, and then publishing them is a time-consuming venture.

However, we are deeply committed to honoring this brilliant collaboration between Master DK and Kathlyn by publishing these wisdom teachings, and creating additional course offerings, books, and videos. Your continued financial support is vital to this mission, so please accept our sincerest gratitude for all that you have already contributed. It is our intention to honor your generous contributions by ramping up our publications and online offerings.



Be sure to check out our [YouTube channel](#) and follow us. New videos from Master's Darshan series continue to be added regularly. Share your favorites with like-minded friends and invite them to get the Thought of the Day or perhaps join our new RMES classes as they become available. Also, we invite you to purchase the new book when published.

My gratitude abounds for the spiritual gifts that association with this organization has done to inspire and sustain my spiritual maturation over the last 30 years. Join me in celebrating our milestones by expanding our reach. Commit to giving back by being disciplined about your practice and spreading the word about Master's offerings. The contentment and peace they offer are a precious gift to our planet in these transformative times as well as to our individual and collective spiritual liberation.

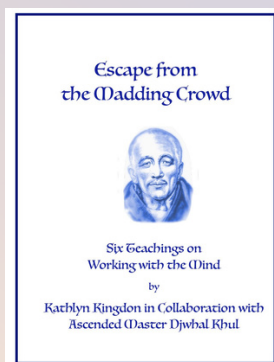
Kristi McCracken





## Perpetuity Project Update

Thanks to the support of valued donors and remarkable volunteers, 2022 was a big year for the ongoing Perpetuity Project here at VFF. In addition to performing assorted tasks and responsibilities for the organization, I spent roughly 980 hours of my work for VFF on three major project areas. The first involved editing and archiving older teachings, which is to say, cataloging teachings and meditations, as well as preparing written transcripts for uploading to the MDK web store.



I spent a total of 147 hours on editing and archiving older teachings, and was aided immensely by volunteers who proofed and edited these transcripts, as well as generating the final format and cover for each lecture. Another 55 hours of my time went into the second project, which was creating the e-Book, *Escape from the Maddening Crowd*. The proofing and editing volunteers

contributed another roughly 50 hours to this project, which seemed fraught with complications all along the way.

The third project was, of course, Master's new book, which He has entitled: *What Ever Happened to the New Age?* This book has been an on-going project of immense proportions. Although not stated as such, it is essentially an overview of Master's service to Earth. In it, Master paints the Age of Pisces with broad strokes, revealing its highpoints and more questionable twists and turns. He also reveals what He sees coming for the possibilities of human evolution in the Age of Aquarius. As some of you may recall, Master and I began



working together in March of 1983, and He has kept me busy ever since! We began this book in 2020, and I spent roughly 135 hours on it that year. In 2021, I logged 250 hours on the project, and last year, I spent 345 hours on this amazing manuscript.

In late 2022, I was joined by the Rushes (who logged another 57 project hours) and Kristi McCracken (115 hours) in the massive task of getting a long manuscript ready for publication. Their work has continued into 2023 as we move toward completion of the book. Frankly, I never thought myself capable of bringing through such a massive work, which may, in fact, turn out to be well in excess of 500 pages, when published. I do look forward to the completion of this work and sharing it with all of you.

On another note, I am exceedingly grateful for the volunteer work of our Pod Leaders, who have overseen the distillation of Master's powerful workshops into the hearts and minds of His students. The gift of their time and effort has been most generous, and we will explore this area of collective service in a future article.

May we all bask in the field of Master's grace,

Kathlyn



Dedicated to helping people find inner peace in a chaotic world

## FINDING OUR WAY HOME



Recently there has been a barrage of articles documenting the crisis of loneliness and isolation in most of the Western world. Several prominent thinkers have labeled loneliness as the crisis of our age. Indeed many Westerners seem almost enslaved to the dictates of the never-ending email barrage, and the scenarios of family members sitting in the same room, each one preoccupied with their own smart phone, is legion.

Many articles have been written about the noticeable decline in religious attendance. In our area, the famous St. Benedict's Abbey, which is nestled in the Snowmass valley next to the famous Aspen ski resort has closed down after 66 years of operation. Father Thomas Keating was the Abbot of this monastery and popularized a method of contemplation called Centering Prayer, which caught the imagination of the Christian world with its non-hierarchical approach. Literally thousands of groups meet regularly to deepen into their spiritual practice.

The reason the monastery closed is very simple. There are now only four or five very elderly monks in residence, with no young people entering to replace them. This same phenomena, where aspirants to the clerical life are dwindling, is widespread. In Denver alone, many churches have been closed for lack of attendance, and some have been converted into meeting halls, or "condominiumized" into urban housing.

While some may not align with the beliefs of these many congregations, still, they provided a sense of community and friendship for their members. Further, they ministered to their members during life's difficult times, such as moments of family conflict, illness and death. Many of you were likely raised in such communities, although over the

years, and for a variety of reasons, decided to look elsewhere in your spiritual quest. Indeed, most of us find ourselves in just such "uncharted" spiritual territory, so to speak.

Master has been crystal clear on many occasions that the religious practices most followed during the Piscean Age are not likely to meet the spiritual needs of aspirants in the Aquarian Age. The primary purpose of Vajra Flame Foundation is to respond to Master's invitation to create a larger spiritual crucible for this dawning new age. Indeed, it must be vast enough to facilitate the deep spiritual transformation needed for actually breaking through old barriers and furthering the evolution of human consciousness. Just as specific religious containers were generated for spiritual transformation in prior ages, so we are tasked with bringing forth new vessels of transformation as humanity ventures into a brave, new evolutionary paradigm.

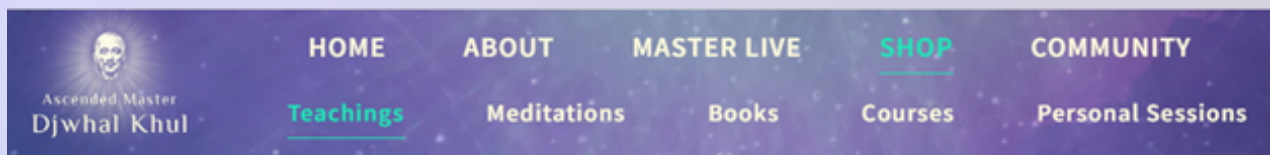
The Perpetuity Project was created to facilitate the foundational construction of this very goal. Its purpose is to convert 40 years of concentrated Spiritual Teachings through the combined focus of Master and Kathlyn into books, courses, videos, and lecture series. In so doing, these precious teachings will be much more accessible for spiritual aspirants than in their current form: a vast collection of tapes and CDs stored in drawers at the VFF office. The final result will be an entire spiritual library that can be accessed on-line by spiritual seekers all over the world. We are currently in the third year of this most important project, and we are immensely grateful for the financial contributions so many of you made, plus the volunteer support necessary to bring this creation into form.

With Deep Appreciation,

Franci Candlin

Director of the Perpetuity Project

Visit the [MasterDK.com](http://MasterDK.com) website shop to view the collection of available teachings, books, meditations and courses.



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## Volunteer of the Year

This year we are honored to present the Volunteer of the Year Award to Barbara and Frank Rush for their extraordinary commitment to seeing Master's written works published.



Barbara also functions as our Volunteer Coordinator. Indeed, a small organization such as ours simply cannot be effective without an extensive network of volunteers. In order to maintain our non-profit status, each year we are required to submit the number of volunteer hours contributed along with our state and federal filings. These are regarded as donations, although of time and effort rather than money.

We generally collect about 1,500 volunteer hours annually. In addition to our VFF Board, we have active Communication and Publication Committees, the Grand Mothers' Circle, our Pod Leaders, and various individuals who contribute their time and energy for the benefit of our organization.

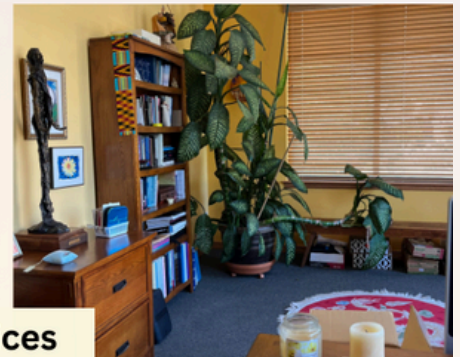
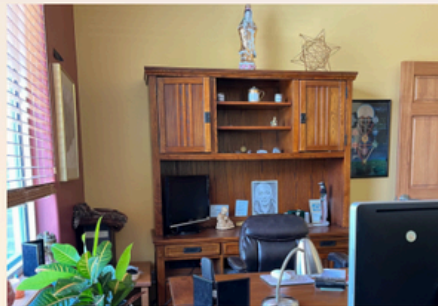
Franci Candlin

Responding to an inner call to provide some much-needed help in our Glenwood Springs headquarters, the Rushes flew from New Jersey about a year ago to explore possibilities for living in Colorado. Over the summer they found a suitable condo to rent very near our office and returned in October for seven months of laborious work at proofreading of Master's new book. This meant fine combing twice the complete manuscript, which will likely be about 500 pages when in published form. They further proofed and edited several of Master's older teachings, thus making them available for the Master DK Web Store.

Barbara and Frank also explored Western Colorado, enjoyed the many appealing aspects of Glenwood Springs, and generally enjoyed themselves. They have now returned to New Jersey, where they have lived for years, but are still very much involved in the Publishing Committee.



**Meditation area in the VFF office  
Glenwood Springs, Colorado**



**Glenwood Springs headquarters offices**

Photos by Theresa Holahan